

Powered by Avera Sports 3rd-6th Grade Boys/Girls Basketball Skills Workout

for Seton/STM Students

Location: STM High School Gym

Cost: \$165 Please make checks payable to Avera Sports Center

Athletes will receive Warwick Workout shorts, t-shirt & basketball (Note: Smallest short size available is adult x-small)

BRING YOUR BASKETBALL EACH TIME TO WORKOUTS

Sunday, September 7 th	2:15-3:45
Sunday, September 14th	2:15-3:45
Sunday, September 21 th	2:15-3:45 @ Seton
Sunday, September 28th	2:15-3:45
Sunday, October 5 th	2:15-3:45
Sunday, October 12th	2:15-3:45

Register online at

www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kris Warwick with questions about weekly workouts Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris)

WHERE CHAMPIONS TRAIN.